

Flute

WARM UPS

ROCKVALE BAND 2020

1. 9 Count Tones

2 3 4 5 6 7 8 9 10 11 12

13 14 15 16 17 18 19 20 21 22 23 24

2. Remington Descending

25 26 27 28 29 30 31 32

33 34 35 36 37 38

3. Remington Ascending

39 40 41 42 43 44 45 46

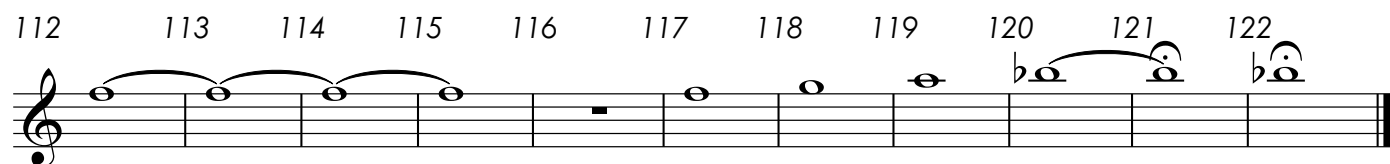
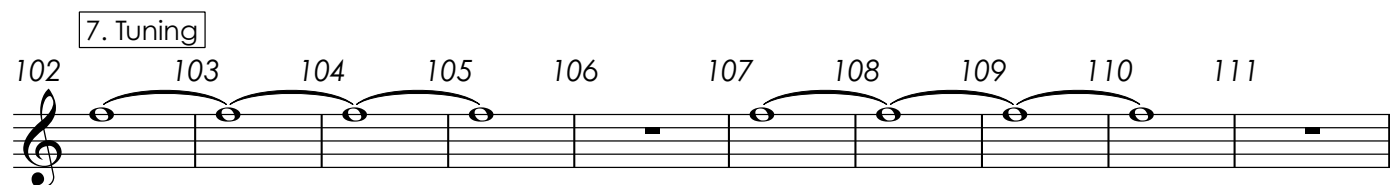
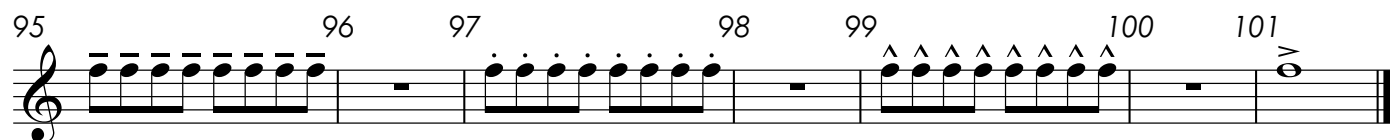
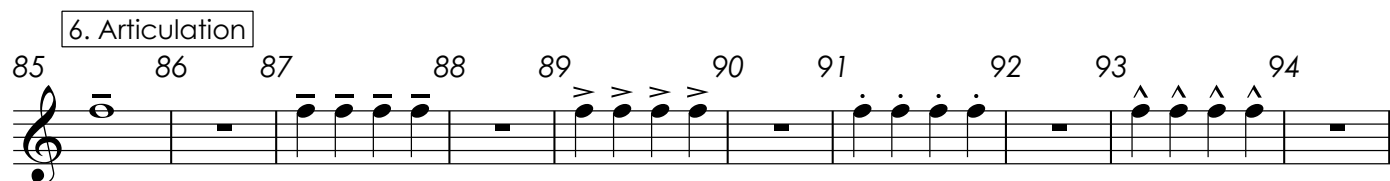
47 48 49 50 51 52

4. Flexibility 1

53 54 55 56 57 58

59 60 61 62 63 64

65 66 67 68



Clarinet

WARM UPS

ROCKVALE BAND 2020

1. 9 Count Tones

2 3 4 5 6 7 8 9 10 11 12

13 14 15 16 17 18 19 20 21 22 23 24

2. Remington Descending

25 26 27 28 29 30 31 32

33 34 35 36 37 38

3. Remington Ascending

39 40 41 42 43 44 45 46

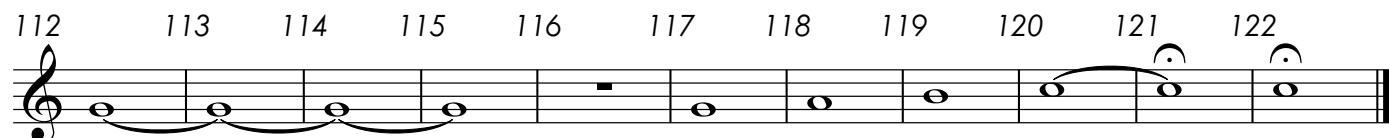
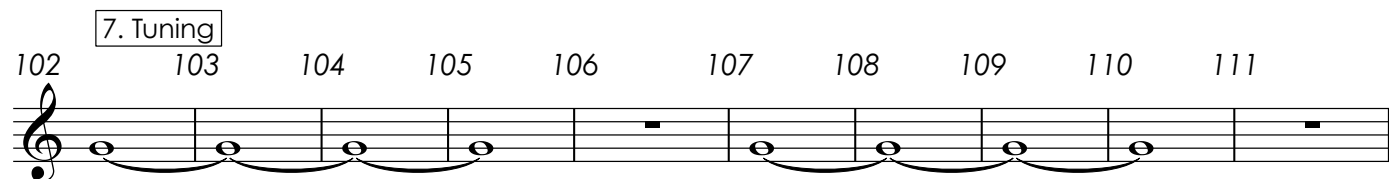
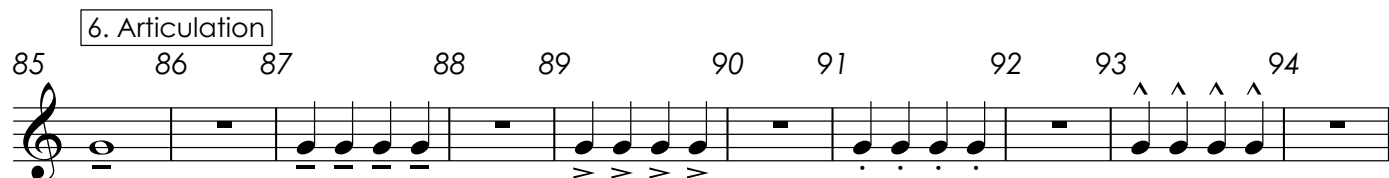
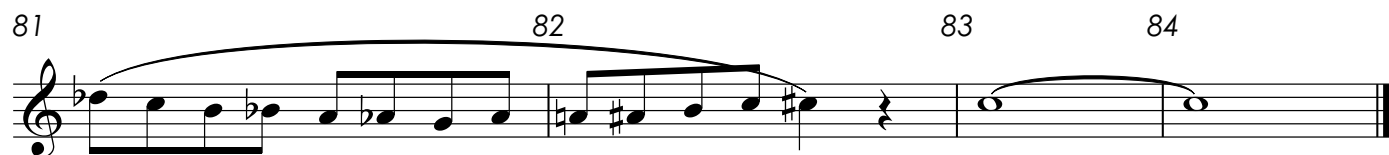
47 48 49 50 51 52

4. Flexibility 1

53 54 55 56 57 58

59 60 61 62 63 64

65 66 67 68



Alto Sax

WARM UPS

ROCKVALE BAND 2020

1. 9 Count Tones

2 3 4 5 6 7 8 9 10 11 12

13 14 15 16 17 18 19 20 21 22 23 24

Musical notation for the first warm-up exercise. It consists of two staves of music. The first staff contains measures 2 through 12, and the second staff contains measures 13 through 24. The melody is composed of quarter notes and eighth notes, with some measures containing rests. The key signature has one sharp (F#), and the time signature is 4/4.

2. Remington Descending

25 26 27 28 29 30 31 32

33 34 35 36 37 38

Musical notation for the second warm-up exercise. It consists of two staves of music. The first staff contains measures 25 through 32, and the second staff contains measures 33 through 38. The melody is a descending scale of half notes, with some measures containing rests. The key signature has one sharp (F#), and the time signature is 4/4.

3. Remington Ascending

39 40 41 42 43 44 45 46

47 48 49 50 51 52

Musical notation for the third warm-up exercise. It consists of two staves of music. The first staff contains measures 39 through 46, and the second staff contains measures 47 through 52. The melody is an ascending scale of half notes, with some measures containing rests. The key signature has one sharp (F#), and the time signature is 4/4.

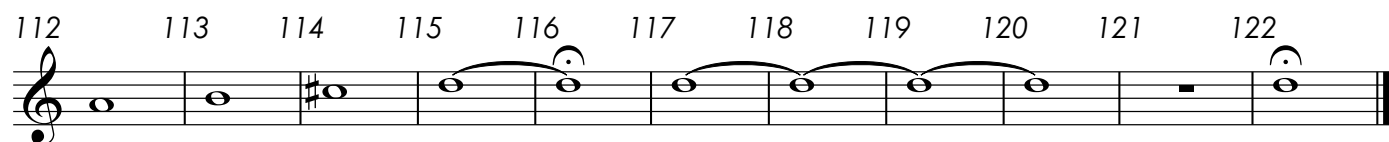
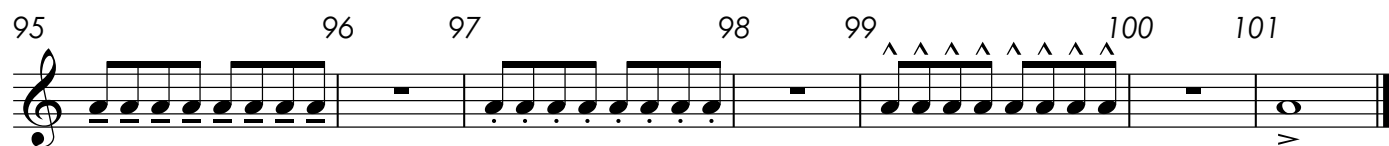
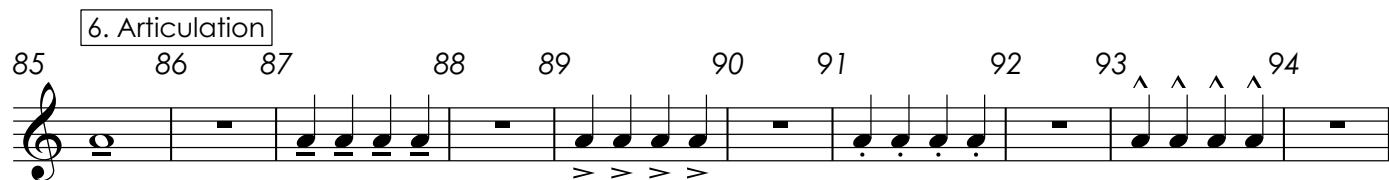
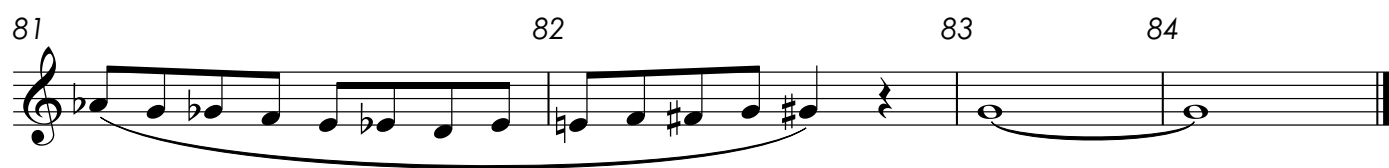
4. Flexibility 1

53 54 55 56 57 58

59 60 61 62 63 64

65 66 67 68

Musical notation for the fourth warm-up exercise. It consists of three staves of music. The first staff contains measures 53 through 58, the second staff contains measures 59 through 64, and the third staff contains measures 65 through 68. The melody is a complex sequence of eighth and sixteenth notes, with some measures containing rests. The key signature has one sharp (F#), and the time signature is 4/4.



Tenor Sax

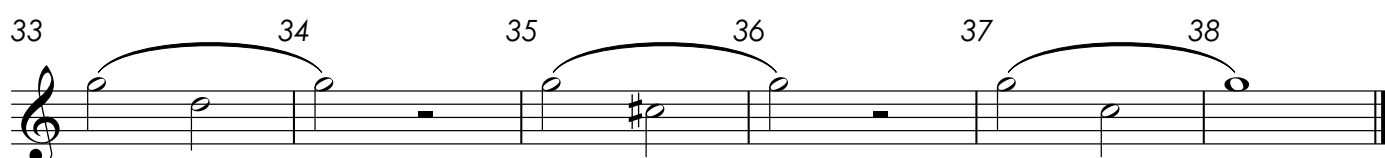
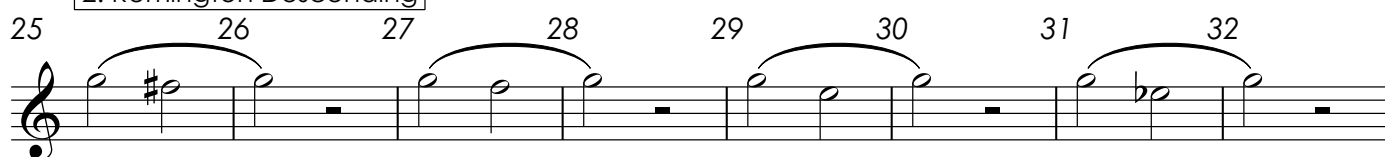
WARM UPS

ROCKVALE BAND 2020

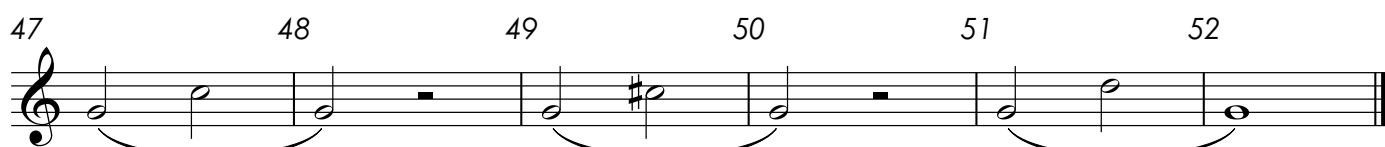
1. 9 Count Tones



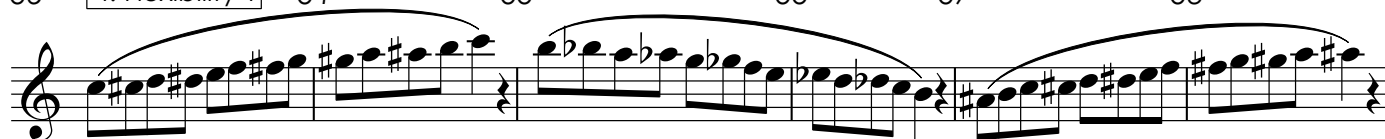
2. Remington Descending

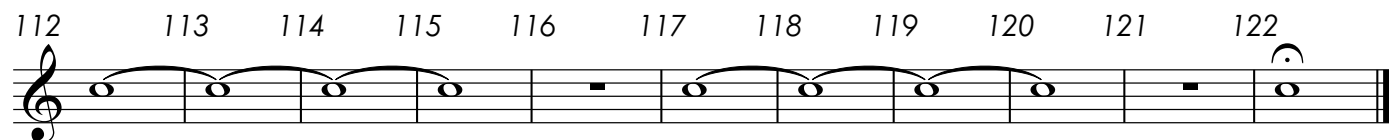
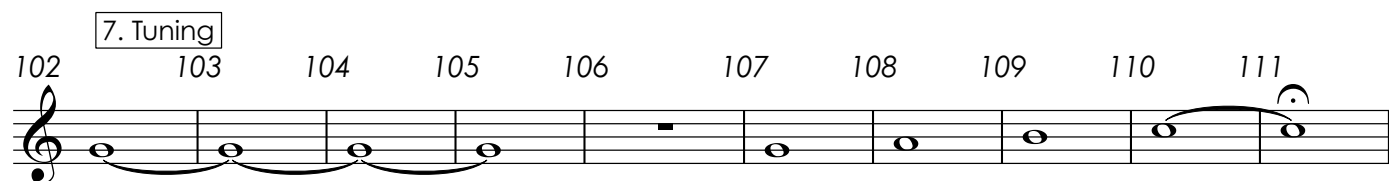
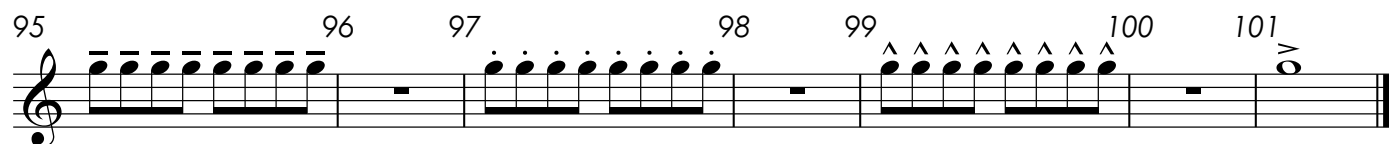
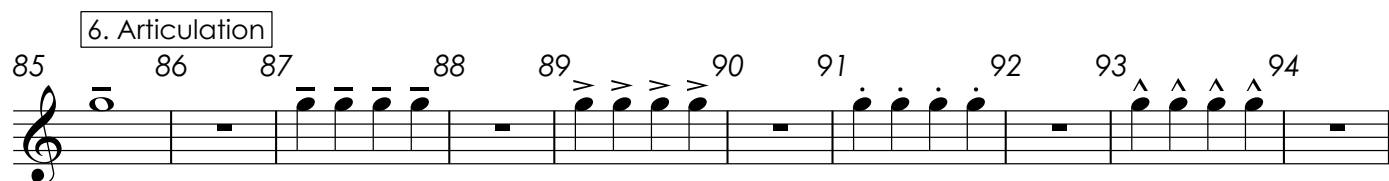
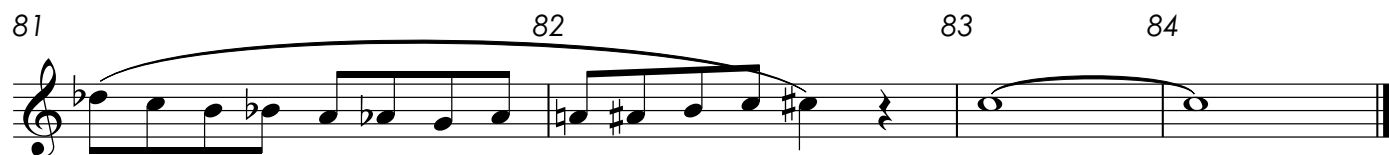


3. Remington Ascending



4. Flexibility 1





Bari Sax

WARM UPS

ROCKVALE BAND 2020

1. 9 Count Tones



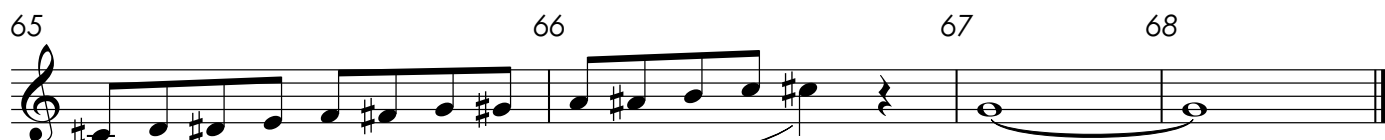
2. Remington Descending

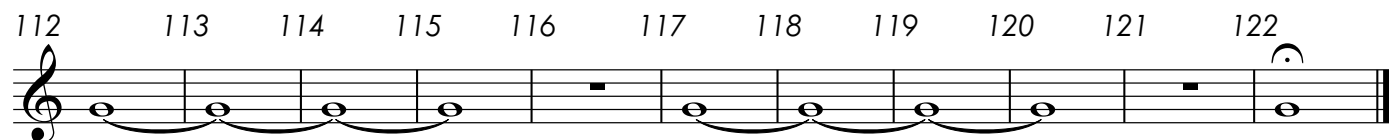
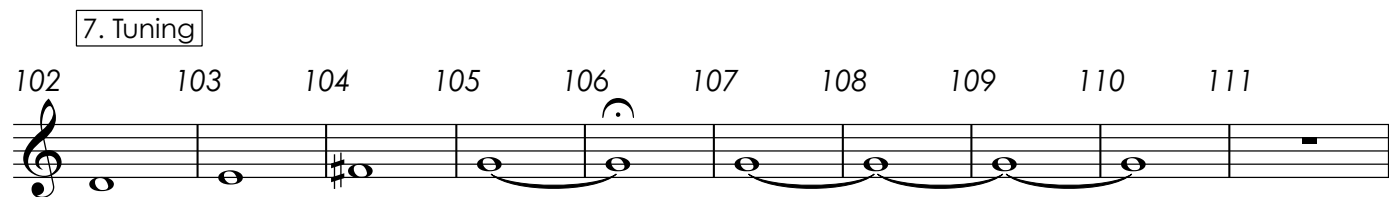
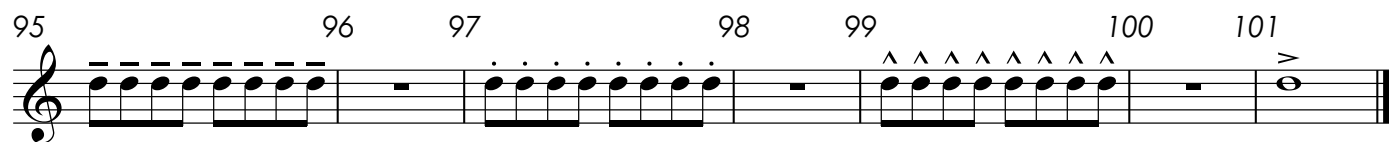
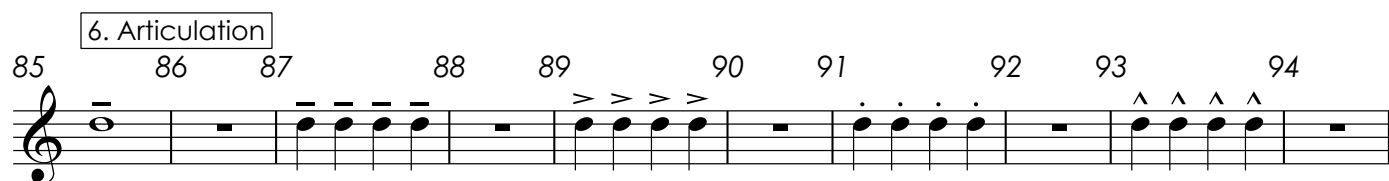
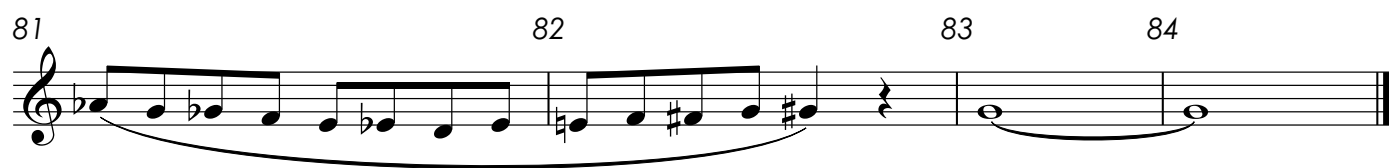


3. Remington Ascending



4. Flexibility 1





Horn

WARM UPS

ROCKVALE BAND 2020

1. 9 Count Tones

2 3 4 5 6 7 8 9 10 11 12

13 14 15 16 17 18 19 20 21 22 23 24

2. Remington Descending

25 26 27 28 29 30 31 32

33 34 35 36 37 38

3. Remington Ascending

39 40 41 42 43 44 45 46

47 48 49 50 51 52

4. Flexibility 1

53 54 55 56 57 58

59 60 61 62 63 64

65 66 67 68

69 5. Flexibility 2 70 71 72 73 74

The musical notation for exercise 5. Flexibility 2, measures 69-74, is shown on a single staff. Measure 69 begins with a treble clef and a common time signature. It contains a series of eighth notes: G4, A4, B4, C5, B4, A4, G4, followed by a quarter rest. Measure 70 starts with a half note G4, followed by eighth notes A4, B4, C5, B4, A4, G4, and a quarter rest. Measure 71 begins with a half note G4, followed by eighth notes A4, B4, C5, B4, A4, G4, and a quarter rest. Measure 72 starts with a half note G4, followed by eighth notes A4, B4, C5, B4, A4, G4, and a quarter rest. Measure 73 begins with a half note G4, followed by eighth notes A4, B4, C5, B4, A4, G4, and a quarter rest. Measure 74 starts with a half note G4, followed by eighth notes A4, B4, C5, B4, A4, G4, and a quarter rest. The exercise is titled '5. Flexibility 2' and is numbered 69 through 74.

Musical notation for measures 75-80. The melody continues with various note values and rests, including a half note and a whole note. The key signature remains one flat (B-flat).

81 82 83 84

Musical notation for measures 81-84. Measure 81: Treble clef, key signature of one sharp (F#), quarter note F#4, quarter note E4, quarter note D4, quarter note C4, quarter note B3, quarter note A3, quarter note G3, quarter note F#3. Measure 82: Treble clef, key signature of one sharp (F#), quarter note F#4, quarter note E4, quarter note D4, quarter note C4, quarter note B3, quarter note A3, quarter note G3, quarter note F#3. Measure 83: Treble clef, key signature of one sharp (F#), quarter note F#4, quarter note E4, quarter note D4, quarter note C4, quarter note B3, quarter note A3, quarter note G3, quarter note F#3. Measure 84: Treble clef, key signature of one sharp (F#), quarter note F#4, quarter note E4, quarter note D4, quarter note C4, quarter note B3, quarter note A3, quarter note G3, quarter note F#3.

6. Articulation

85 86 87 88 89 90 91 92 93 94

7. Tuning



102 103 104 105 106 107 108 109 110 111

WARM UPS

ROCKVALE BAND 2020

1. 9 Count Tones

2 3 4 5 6 7 8 9 10 11 12

13 14 15 16 17 18 19 20 21 22 23 24

2. Remington Descending

25 26 27 28 29 30 31 32

33 34 35 36 37 38

3. Remington Ascending

39 40 41 42 43 44 45 46

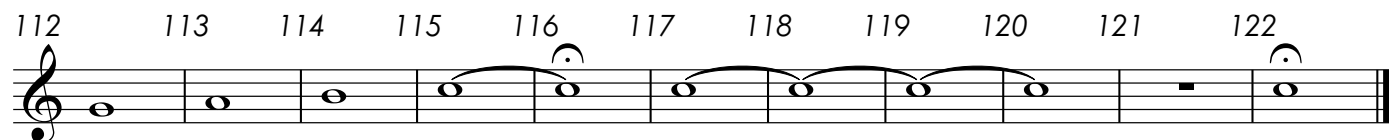
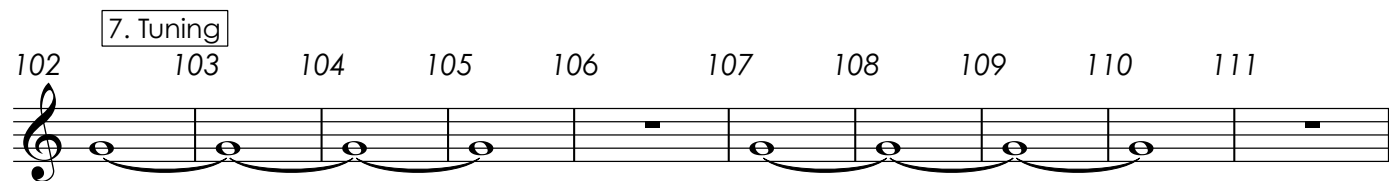
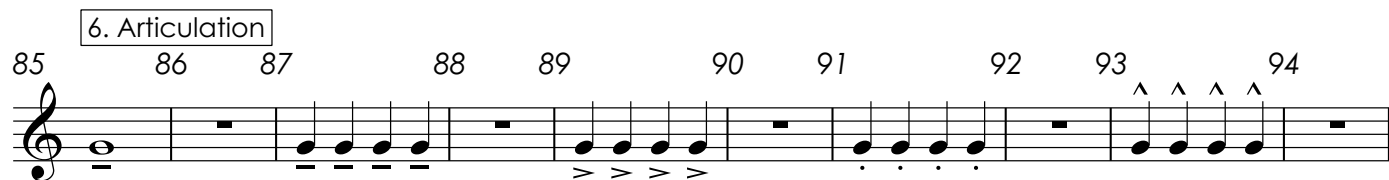
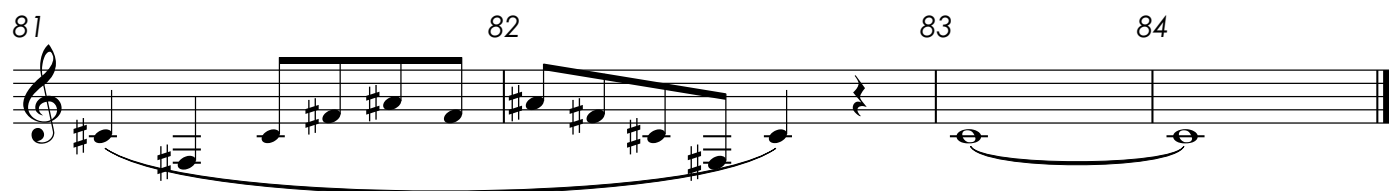
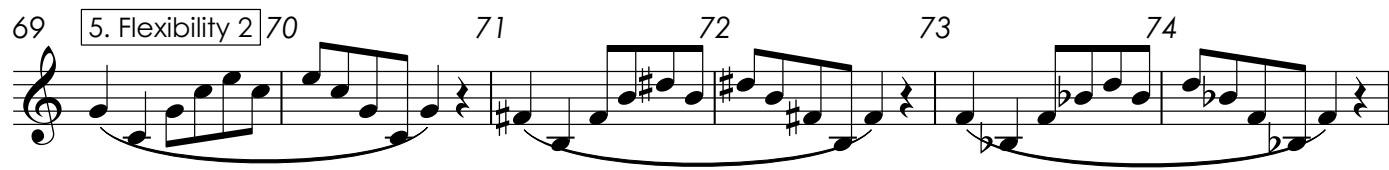
47 48 49 50 51 52

4. Flexibility 1

53 54 55 56 57 58

59 60 61 62 63 64

65 66 67 68



Trumpet

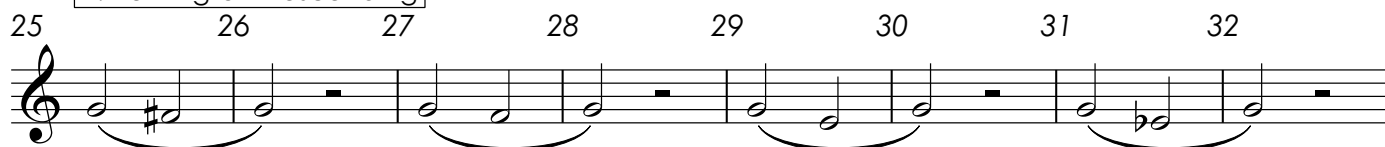
WARM UPS

ROCKVALE BAND 2020

1. 9 Count Tones



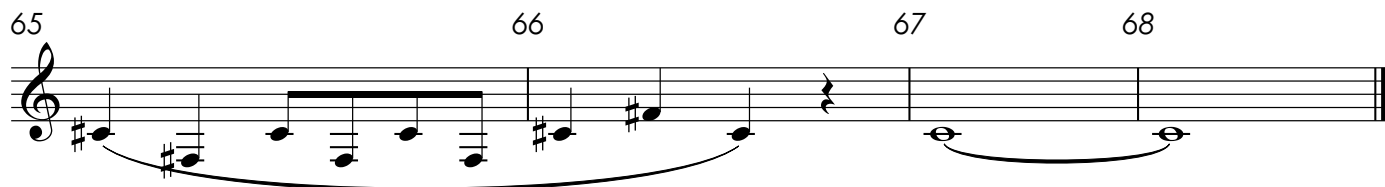
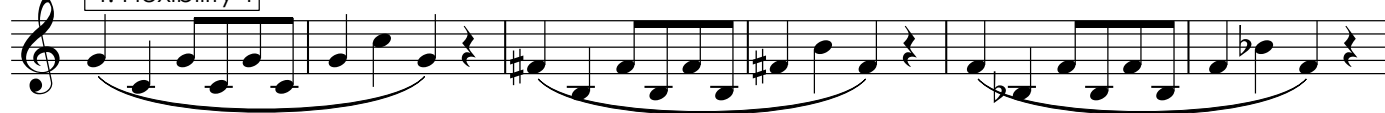
2. Remington Descending

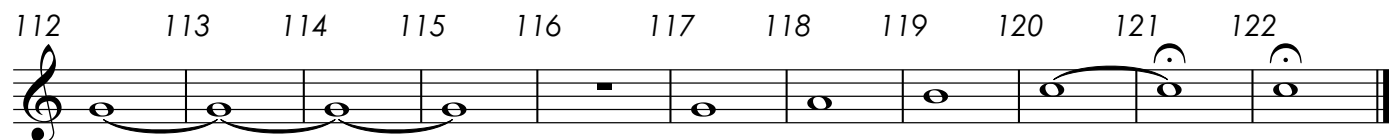
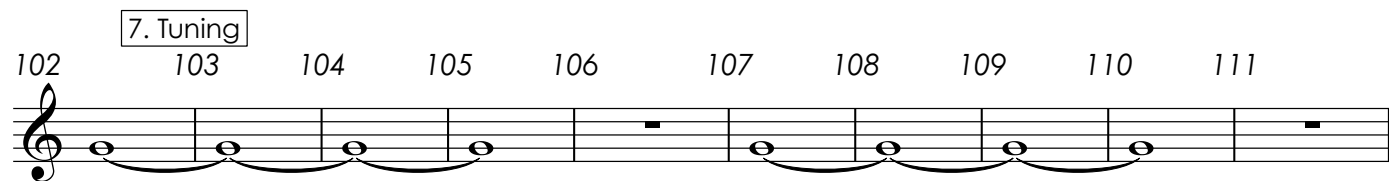
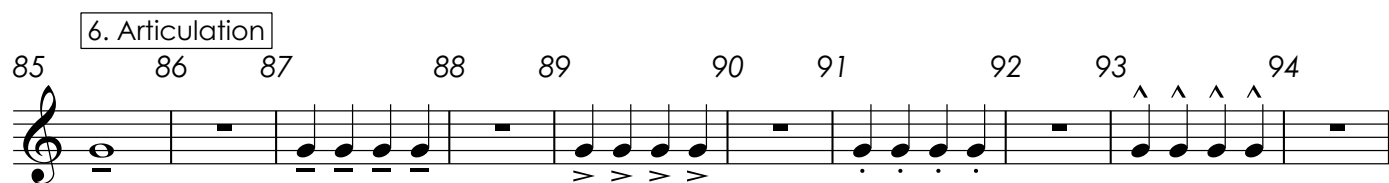
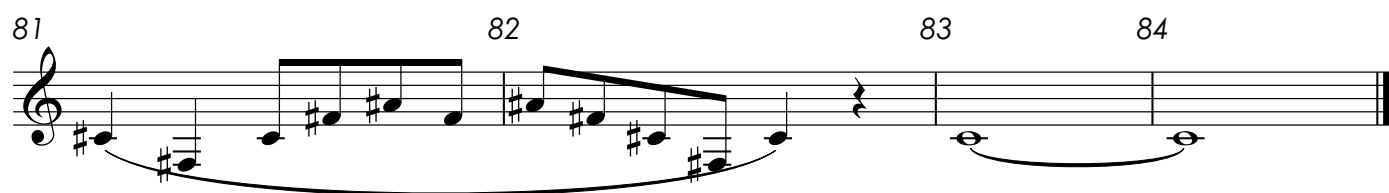
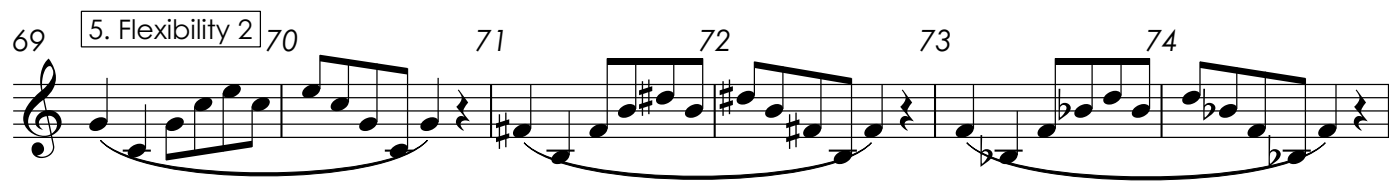


3. Remington Ascending



4. Flexibility 1





Low Brass

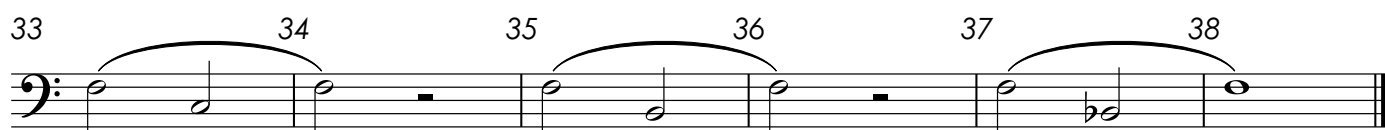
WARM UPS

ROCKVALE BAND 2020

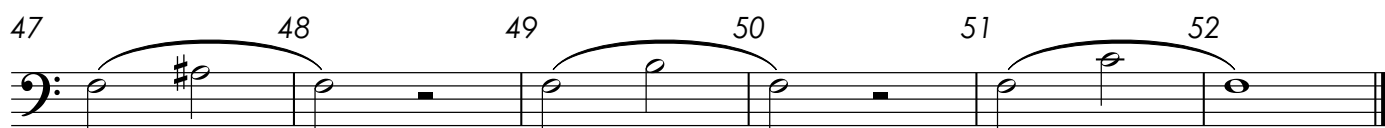
1. 9 Count Tones



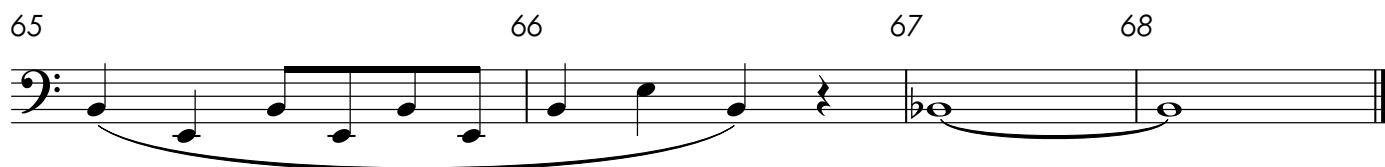
2. Remington Descending

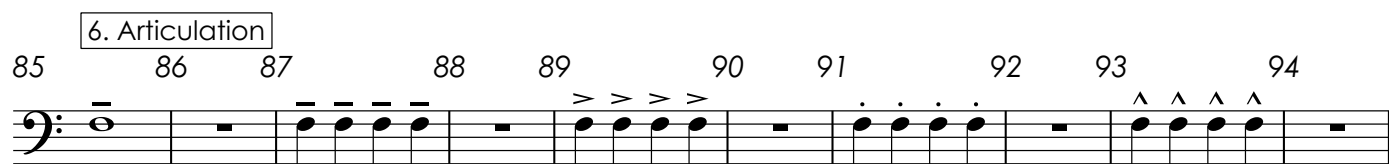
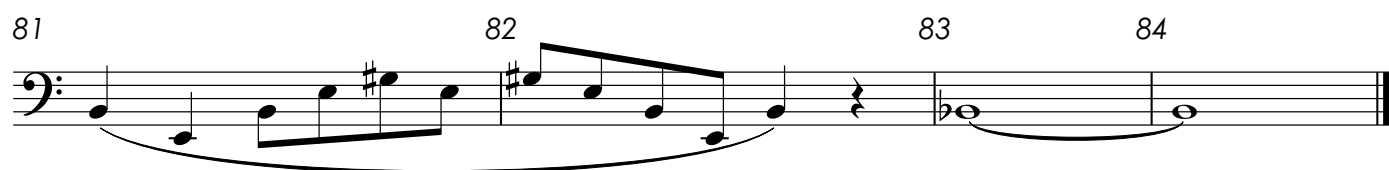
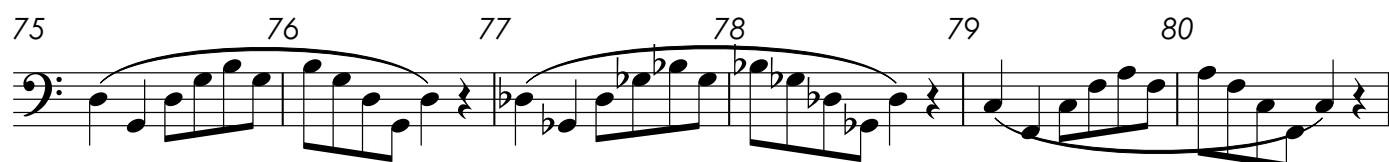
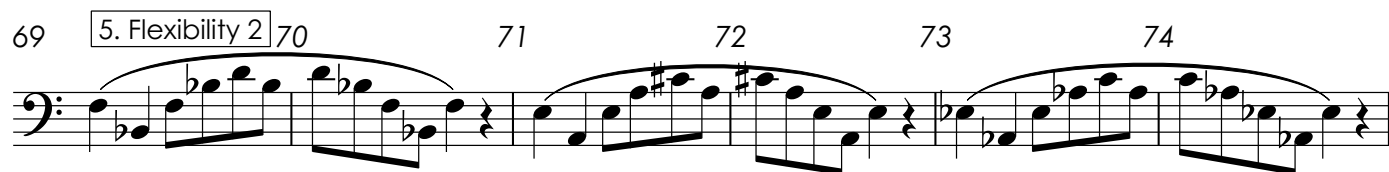


3. Remington Ascending



4. Flexibility 1





Tuba

WARM UPS

ROCKVALE BAND 2020

1. 9 Count Tones

2 3 4 5 6 7 8 9 10 11 12



13 14 15 16 17 18 19 20 21 22 23 24



2. Remington Descending

25 26 27 28 29 30 31 32



33 34 35 36 37 38



3. Remington Ascending

39 40 41 42 43 44 45 46



47 48 49 50 51 52



53 54 55 56 57 58

4. Flexibility 1



59 60 61 62 63 64



65 66 67 68



69 5. Flexibility 2 70 71 72 73 74

75 76 77 78 79 80

81 82 83 84

85 86 87 88 89 90 91 92 93 94

95 96 97 98 99 100 101

102 103 104 105 106 107 108 109 110 111

112 113 114 115 116 117 118 119 120 121 122

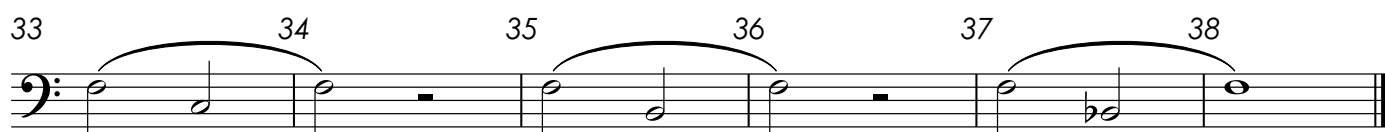
WARM UPS

ROCKVALE BAND 2020

1. 9 Count Tones



2. Remington Descending



3. Remington Ascending

